



LittleBigHelp
India Trust

Newsletter
June 2023

A little help from you is a big help for others



The joyous spirit of International Yoga Day filled the community centre as all the kids and children enthusiastically celebrated by performing various yoga postures. LittleBigHelp India Trust organized a fun and engaging event, promoting health and well-being among the young minds. It was a delightful sight to see them embrace the ancient practice of yoga with smiles and eagerness. Together, they set the foundation for a healthier and more mindful future.

International Yoga Day

LittleBigHelp India Trust provided push carts to women trained in cooking, like Sanchita Poddar in Durganagar Community Area. Now, Sanchita sells food from her cart, earning income to support her family. Empowering stories like hers showcase the impact of education and support on community development.

Women Empowerment



LittleBigHelp India Trust organized a Women's Committee meeting at the Community Centre, where our Director, Mr. Debasish Guha, shared insightful thoughts on the significance of saving and having personal bank accounts. These valuable sessions proved transformative for marginalized women, empowering them to embrace financial independence and foster personal growth.



'Whoever is happy will make others happy too'

Anne Frank